

Nutritional values and price of vegetables and ready meals

- 1 Analyze M 1 with regard to opportunities and risks for high and for low income families.
- 2 Analyze M 2 with regard to changes in opportunities and risks for high and for low income families. Use the words and expressions in M 3a.
- 3 Explain how the price and price development of vegetables and ready meals could influence the diet of high and of low income families (M 1, M 2, M 3a).
- 4 Prepare a presentation for a mixed group (M 3).

M 1 Information on French fries and red peppers

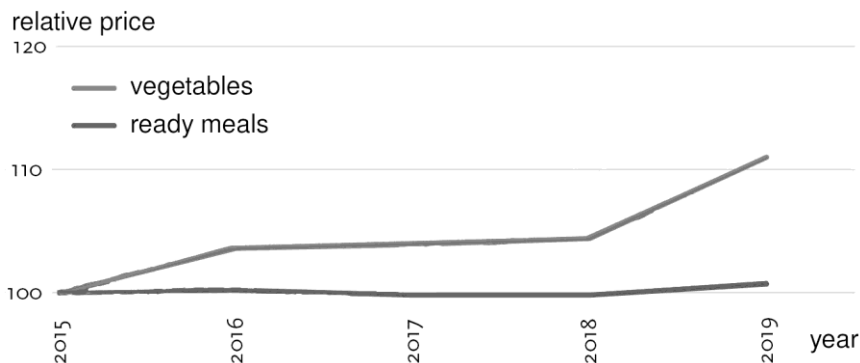
Pommes Frites
rote Paprika

To stay healthy and avoid diseases, we need to eat a lot of fresh food, especially fruit and vegetables. However, it might be harder for some people to maintain a healthy diet than for others.

vermeiden
trotzdem
erhalten

	French fries	Red peppers
kJ / 100 g	1220	159
Vitamin C	17 mg	140
Vitamin A	0 mg	0.24
Vitamin E	1.35 mg	2.5
Vitamin B1	0 mg	0.04
Vitamin B2	0.02 mg	0.12
Vitamin B6	0 mg	0.45
€ / kg	1.63	3.98

M 2 Relative price of vegetables and ready meals from 2015 to 2019



M 3 Output scaffolding

M 3a: Words and phrases to talk about this material

Verlauf - course
 X-Achse - X-axis
 Y-Achse - Y-axis
 Steigerung - increase
 Minderung - decrease
 wird zu ... führen - will lead to...

M 3b: Words and phrases for your presentation

Für mich bedeutet... - To me, ...means...
 für andere - for other people
 wichtiger als..., weil - more important than... because...
 Folgen für - consequences for...
 jetzt / später - now / later
 wenn... dann... - if... then...
 man kann... - one can...

man könnte... - one could...
 kann man...? - can / may one...?
 man darf... - one may...
 man darf nicht... - one mustn't...
 man muss... - one must...
 man braucht nicht... - one needn't...
 man sollte... - one should / ought to...